

SPIMEU

Determinants of successful
Implementation of **S**elective **P**revention
of cardio-metabolic diseases across
Europe



Attitude among healthcare providers

A first impression of different studies

Not aimed to give a complete overview of all attitudes

Not aimed to discuss all countries

Just to start the discussion on hampering and facilitating factors and attitude

330 Dutch GPs 2010

330 Dutch GPs	Yes	+/-	No
Actively invite patients for preventive measurements	24%	12%	64%
Preventive measurements for patients who visit practice for other complaints than CMD	56%	20%	25%
Preventive measurements when patient ask for it	90%	7%	3%
Preventive measurements in patients with risk factors for CMD	96%	3%	2%

474 German GPs 2015

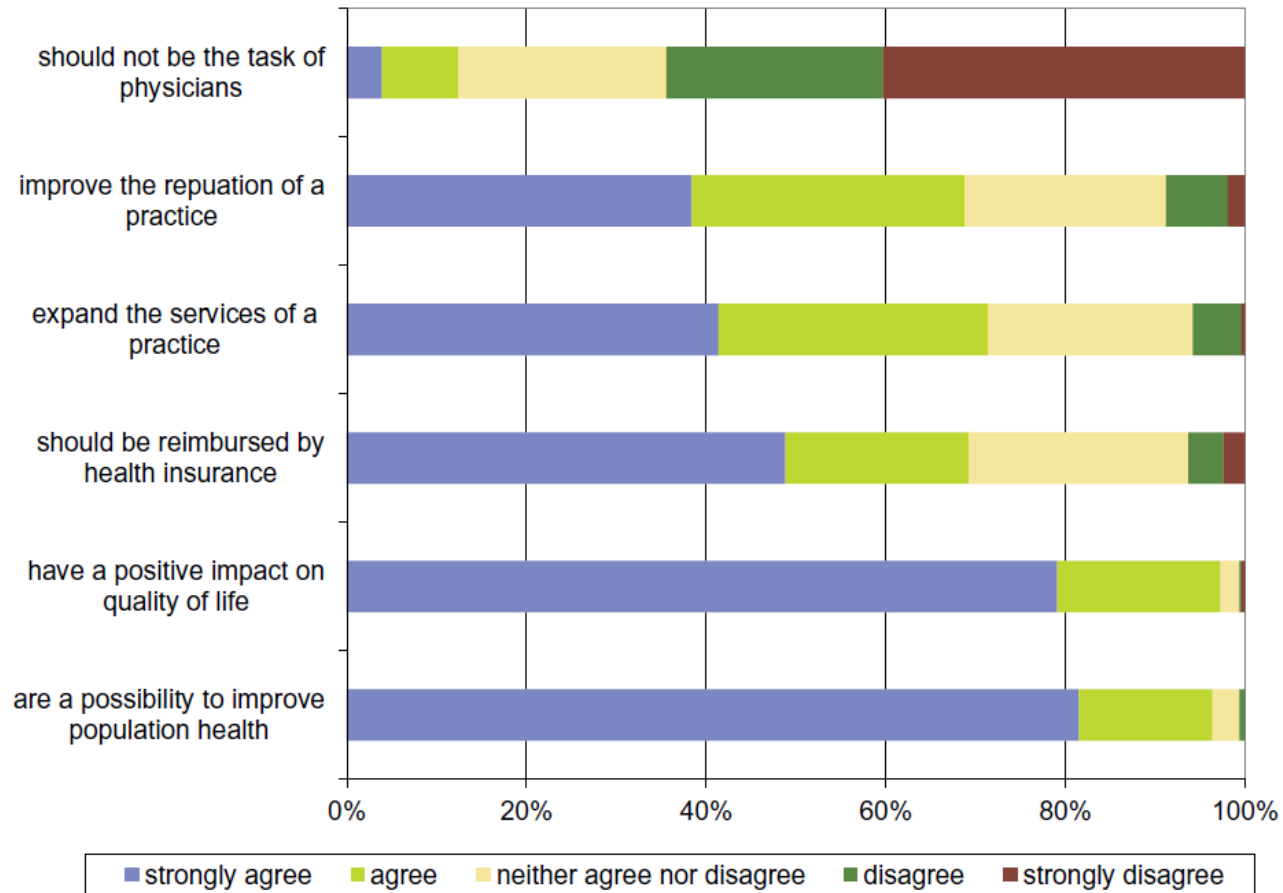


Figure 2 Beliefs about primary prevention.

1308 Norwegian GPs 2013

Management of preventive health care → 32% very meaningful

2% would like to spend more time on it, 10% less time

Not strongly related to practice characteristics, GPs under 50 yrs stronger preference to spend less time on preventive health care

41 UK practices 2015

Health practitioners' views of the Health Checks program

People are checked earlier in life rather than waiting for problems to develop

The worried well are most likely take the messages on board

Help to identify people at high risk that had been missed before

Appropriate referrals cannot be made due to cuts in services

Help to identify and support people with high cholesterol, high blood pressure or diabetes, as well as heavy smokers and heavy drinkers

It has a big impact on workload and cost implications

The Health Checks have worked well for the worried well as well as those that have a high risk

There is uncertainty about whether people take the advice given to them in Health Checks

40 Practice managers and 43 GP's (UK) 2016

Views on the health checks program

I think the CVD [Check] is a great thing to have for patients as it gives the patient 20 minutes with a HCA for any questions they have

The entire vascular health check program is pretty much a waste of time and resources

Lack of interest and uptake from the younger practice population? Due to accessibility of appointments if working etc. – Would be a more beneficial health promotion strategy if lower ages targeted more. Increase chance of any lifestyle changes having impact

Attitude

Large variation

Positive and negative

Program itself (benefit)

Workload

Willingness to participate of patients

Payment

Practical issues

Kahoot

<https://play.kahoot.it/#/?quizId=0500d110-159c-4e73-a255-15f9eb82d099>

What is your opinion?

- Patients live longer and with a better quality of life when selective prevention of CMD is available in general practice
- Health insurance companies should give general practitioners a financial reward for performing selective prevention activities
- Promoting a healthy lifestyle is the task of the government and not of the general practitioner
- Selective prevention of CMD is a waste of money