

SPIMEU newsletter September 2016

In this SPIMEU newsletter you can read all about the SPIMEU activities at the WONCA Europe conference in Copenhagen in June 2016. We also give a status on the ongoing project activities.

At the SPIMEU website www.SPIMEU.org you can find more information about the study



SPIMEU at WONCA Europe conference 2016

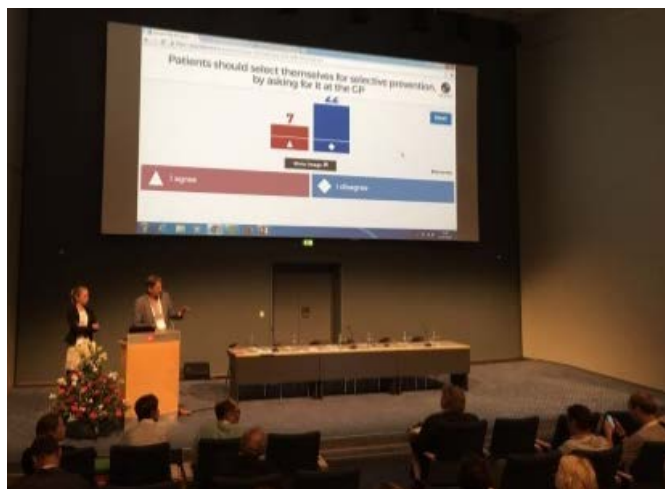
The SPIMEU project organized a workshop at the WONCA Europe conference in Copenhagen, June 15th-18th 2016. The objective of the workshop was to discuss selective prevention strategies against cardio-metabolic diseases in primary care with emphasis on:

- What is selective prevention? Focusing on ongoing selective prevention programs and the different definitions used across Europe
- Attitudes towards selective prevention actions among general practitioners and the general population
- Hampering factors for implementing selective prevention programs – in particular difficulties in reaching frail groups

The workshop included 3 short presentations about the above mentioned topics, followed by plenary discussions and votes on central questions

The SPIMEU project also gave an oral presentation entitled "How is selective prevention of cardio-metabolic diseases organized in the EU member states?" The presentation was based on the preliminary results from work package 4 (WP4) of the SPIMEU project. You can see more about the results on page 2 of this newsletter.

Abstracts from the oral presentation as well as the workshop are available from the SPIMEU website, www.SPIMEU.org



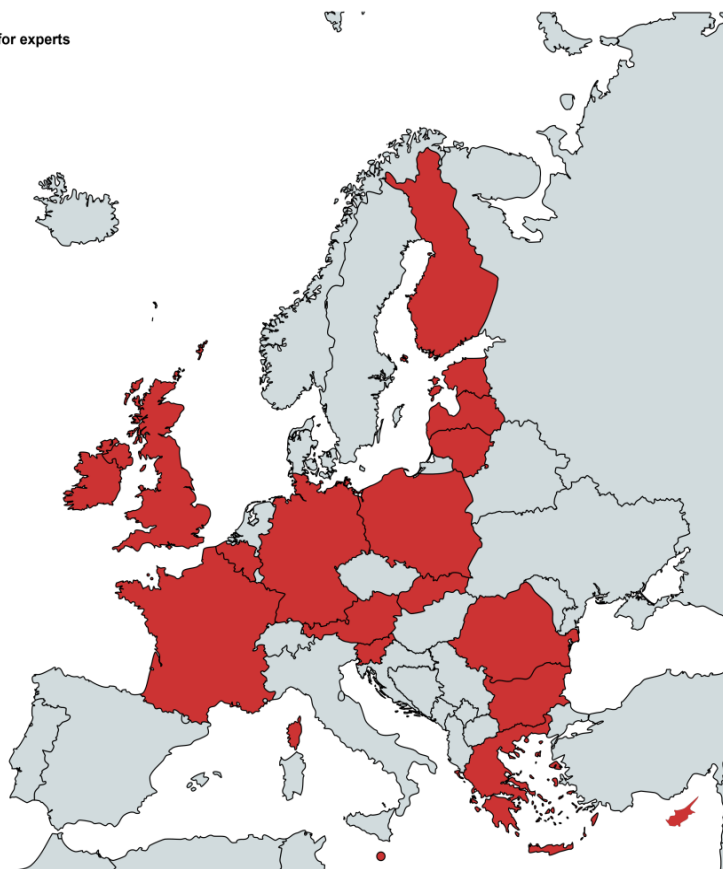
Work package 4

The aim of work package 4 is to identify programs of implementation of selective prevention for cardio-metabolic diseases which are currently being practiced in all 28 EU Member States. To reach this aim we have distributed 2 questionnaires. **We would like to thank all the experts in Europe for completing our questionnaire.** We just started to analyse the answers given in the first questionnaire and expect to have the results ready before the end of 2016.

For questionnaire 2 we are still looking for experts in the field of cardio-metabolic prevention in the following countries:

Austria
Belgium
Bulgaria
Cyprus
Estonia
Finland
France
Germany
Greece
Ireland
Latvia
Lithuania
Malta
Poland
Romania
Slovakia
Slovenia
United Kingdom

Countries looking for experts
■ Looking for experts



If you are or know experts in these countries please e-mail us at spimeu@nivel.nl

Work package 6

Do you know that...

- The aim of WP 6 is to assess the attitude of general practitioners and the general population in 5 EU member states towards selective prevention of cardio-metabolic diseases and the acceptability and feasibility of an innovative implementation strategy of selective prevention?
- The questionnaires to the general practitioners have been distributed in all 5 countries (Denmark, Sweden, Czech Republic, Greece and the Netherlands)?
- We are currently working on the development of the questionnaire for patients?